

THE TECHNOLOGY

SLEEP SENSING

Tempur-Pedic® Sleeptracker® sensors detect snoring,* sleep time, awake time, and sleeping heart rate.



NONINTRUSIVE AND SECURE

Nothing to update, wear, or get in the way of your sleep. Tempur-Pedic® Sleeptracker® is leading the industry in nonintrusive sleep monitoring, capturing data without a microphone or camera.

LEADING INTELLIGENCE

Tempur-Pedic® Sleeptracker® leverages algorithms that analyze historical data from nearly 250 million nights of sleep to provide you personalized sleep strategies in an easy-to-use app.

FEATURES

SLEEP REPORT

Each morning, you'll wake up to a personalized sleep report that will help you understand time spent awake and in REM sleep, light sleep, and deep sleep. You'll also see how your heart rate and breath rate changed over time.

SET SLEEP GOALS

Set up your target bedtime and wake time through the Tempur-Pedic® Sleeptracker® app by visiting Menu > Set Sleep Goals. Drag the moon icon to set your bedtime and the sun icon to set your wake time.

SLEEP CYCLE ALARM

Tempur-Pedic® Sleeptracker® features a smart alarm to wake you during your lightest phase of sleep in a given window of time, allowing you to feel more refreshed throughout the day.

WHITE NOISE

Silence distractions with the Tempur-Pedic® Sleeptracker® smart white noise player. Select from more than 20 sounds or pick from your personal iTunes library.

PERFECTSEAT™

Exclusive Tempur-Pedic® technology that optimizes the shape of your mattress so you can relax in a more natural position.

WIRELESS REMOTE

Features one-touch preset buttons and backlit, soft-touch function keys so you can adjust in the dark.

HEAD AND FOOT LIFT

Gives you control of your sleeping space, with nearly unlimited head and foot lift positions for reading, watching TV, or working.

FOUR-ZONE MASSAGE

Intensify your mattress massage with four massage zones—two at the head and two at the feet—and three levels of intensity.

OTHER FEATURES:

- Pillow tilt
- Adjustable legs
- Underbed lighting
- USB ports

SLEEPTRACKER® FAQS

DOES THE APP SEND NOTIFICATIONS?

Yes, the app sends notifications to the end user and can be turned on or off within the accompanying application.

WHAT SMART DEVICES ARE COMPATIBLE WITH THE TEMPUR-PEDIC® SLEEPTRACKER® APP?

The Sleeptracker® app is compatible with iPhone 5 or later, running iOS 10 or later. The Sleeptracker® app is compatible with Android phones running OS 6.0 or later. The app is also compatible with iPad running iOS 10 or later and Android tablets running OS 6.0 or later.

IS MY SLEEP DATA SAFE?

Yes, your sleep data is safe. Your data is stored anonymously and shared privately only with you.

DOES MY PHONE NEED TO BE ON OVERNIGHT TO CAPTURE MY SLEEP SCORE?

The Tempur-Pedic® Sleeptracker® will still monitor your sleep if your phone is off, but the Sleeptracker® alarm will not work.

DOES MY PHONE NEED TO BE CONNECTED TO MY WI-FI NETWORK OVERNIGHT?

Your phone does not need to be connected to Wi-Fi overnight, but the Tempur-Pedic® Sleeptracker® will need Wi-Fi or a cellular connection to use the Sleep Cycle Alarm.

THREE WAYS TO DOWNLOAD THE APP:

1. FOLLOW QR CODE FROM "LET'S GET STARTED" CARD
2. GO TO URL <http://www.sleeptracker.com/getapp/tempur>
3. INSTALL TEMPUR-PEDIC SLEEPTRACKER FROM APP STORE

*May reduce snoring in otherwise healthy individuals who snore due to body positioning.

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The TEMPUR-Ergo® Smart Base Powered by *Sleeptracker*® AI



THIS IS **NEXT-LEVEL** SLEEP



TEMPUR-ERGO® SMART BASES

TAKE YOUR SLEEP TO THE NEXT LEVEL

Take your sleep to the next level with TEMPUR-Ergo® Smart Bases. From automatic snore detection to automatic snore response.* Expert analytics to personalized coaching. And smart home compatibility with voice control. This innovative sleep system tracks and responds to you and your partner, sharing what it learns along the way with an easy-to-use app. So you can sleep smarter.

SNORE RESPONSE

AUTOMATICALLY RESPONDS TO SNORING*

Detects and responds to snoring. Automatically. When your TEMPUR-Ergo® Smart Base senses snoring, it automatically adjusts the bed to raise your head to a position that may reduce snoring.*

*May reduce snoring in otherwise healthy individuals who snore due to body positioning.



The TEMPUR-Ergo® Smart Base
Powered by *Sleeptracker*® AI

SLEEP COACHING

PERSONALIZED SLEEP INSIGHTS

With industry-leading sensing technology and real-time analytics, the TEMPUR-Ergo® Smart Base is a fully integrated sleep system that provides all-night insight and customized coaching tips in an easy-to-use app to guide you to deeper, more rejuvenating sleep.

MEASURES

- Heart rate
- Breathing rate
- Sleep efficiency
- Total sleep time
- Room temperature
- Sleep environment quality
- REM sleep
- Time it takes to fall asleep
- ...and more

Examples of sleep coaching:

- Waking up at the same time every day (including weekends and days off) can help you sleep better at night.
- Your average bed time is 10:53 PM. When you go to bed before 11:00 PM, your average deep sleep ratio is 5% higher than when you go to bed after 11:00 PM.



CONNECTED HOME

SMART HOME CONNECTIVITY

Compatible with Google Assistant and Alexa, the TEMPUR-Ergo® Smart Base helps you start your daily routine. Using simple voice commands, you can adjust the position of your base, get your daily sleep report, and view personalized sleep tips.



SLEEP. LEARN. **ADJUST.**

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