

Theragun Mini Plus PDP Copy

Product Name

Therabody Theragun Mini Plus - Portable Massage Gun with Heat

Product Description

Theragun Mini Plus is the only travel-sized Theragun enhanced with heat, combining scientifically proven percussive massage with consistent, rapid heat up to 131°F to deliver benefits 3x faster than percussive massage alone*.

With simple two-button controls, you can switch between 3 massage speeds and 3 heat intensity levels to customize every treatment. The quiet, adaptive motor maintains speed and power when pressure is applied to prevent stalling.

With Bluetooth connectivity, you can control your device directly from the Therabody app — adjust settings, monitor pressure levels and follow guided routines. Plus, Coach by Therabody, included free in the app, creates personalized recovery plans based on your goals and activity data from wearables like Apple Health, Garmin, Strava and more.

Compact and lightweight, it's designed for recovery on-the-go, helping you quickly optimize warm-ups, relieve tension and reduce soreness anytime, anywhere.

**Analysis based on assessment of oxygenation, elasticity and temperature of the muscle by Therabody Labs, comparing Theragun with heat versus no heat, for 30 seconds.*

Product Features

1. Targeted percussive massage enhanced with heat therapy is scientifically proven to quickly relieve soreness, loosen stiff muscles and optimize recovery.
2. The heated percussive attachment starts warming instantly, reaching 131°F in under 60 seconds - 30% warmer than the leading competitor*.

**Based on Future Market Insights 'Massage Guns Market Analysis & Forecast 2025-2035' report as of 2025.*

3. Portable, lightweight design fits easily in your gym bag, backpack and luggage. Offers up to 3 hours of battery life with USB-C charging for fast, effective relief on the go. Travel lock feature prevents accidental power-on during transport.
4. Compatible with all Plus attachments (sold separately) to add-on Cold, Vibration and more. Add Cold to reduce inflammation, Vibration to treat sore, sensitive areas and Thumb or Micro-Point for precise, targeted relief.
5. Tailor your treatments with 3 heat levels and 3 massage speeds. Use each therapy individually or together, with LED indicators showing your selected settings. The quiet, adaptive motor maintains speed and power when pressure is applied to prevent stalling.
6. Rounded ergonomic grip ensures a secure, comfortable hold for any hand size
7. Bluetooth-enabled for app control and access to a library of guided routines in the Therabody app. Use Coach by Therabody, free in the Therabody app, to access personalized recovery plans based on your goals and activity data.
8. Science is the foundation of Therabody's product development, with 26 completed studies, 25 ongoing, and 75,000 supporting scientific articles. Every product is scientifically validated from concept to completion for trusted results. Theragun Mini Plus is an FDA-registered medical device.

What's Included

- Theragun Mini Plus device
- Heated percussive Plus attachment
- USB-C charging cable
- Travel case