

Theragun Sense (2nd Generation) PDP Copy

Product Name

Therabody Theragun Sense (2nd Generation) Massage Gun – Relaxing Massage with Built-In Guided Routines

Product Description

Theragun Sense is the only Theragun designed for stress relief — now more intuitive than ever. Combining scientifically proven percussive therapy with built-in guided routines, it helps relieve daily tension, pain, stress and sleep issues with ease.

The device features an enhanced LCD screen that shows exactly where to massage, for how long, and with how much pressure. Choose from 4 expert-designed routines preloaded on the device, or customize your experience by saving up to 5 of your favorite routines from the Therabody app. Live pressure feedback helps you to apply the right intensity every time.

Simplified controls let you adjust speed across 5 levels and fine-tune pressure to match your needs – whether you're looking for a relaxing touch, moderate for built-up stress, or deep tension release. The patented triangle grip makes it easy to reach hard-to-access areas without straining your hands or wrists.

Lightweight and whisper-quiet, Theragun Sense takes the guesswork out of your treatment for maximum relaxation every time.

Product Features

1. Relaxing percussive massage therapy scientifically proven to relieve daily aches, pains and stress while supporting full-body relaxation.
2. Includes 4 expert-designed routines preloaded on the device, guiding you on where to massage, for how long and with how much pressure — all from the LCD screen. You can update these with up to 5 of your favorite routines from the Therabody app, allowing you to personalize your treatment and update it as your needs change.
3. Enhanced LCD screen shows live pressure feedback across 3 levels, helping you to apply the right intensity and follow each step with confidence. The simplified controls let you adjust speed across 5 levels, fine-tuning the treatment to match your needs — from a relaxing touch to deep tension release.
4. Patented ergonomic grip provides comfortable reach and maximum leverage, helping you to reach hard-to access areas without straining your hands or wrists.
5. Whisper-quiet, adaptive motor maintains consistent speed and power under pressure to prevent stalling. With up to two hours of battery life, it's ready whenever you need to reset or recharge.
6. Includes 2 versatile attachments for full-body recovery: Dampener for sensitive areas and Standard Ball for all-over recovery across muscles of all sizes.
7. Bluetooth connectivity enables app control via the Therabody app, where you can adjust settings, track pressure and follow guided routines. Use Coach by Therabody, free in the app, to access personalized recovery plans based on your goals and activity data.
8. Science is the foundation of Therabody's product development, with 26 completed studies, 25 ongoing, and 75,000 supporting scientific articles. Every product is scientifically validated from concept to completion for trusted results. Theragun Sense (2nd Generation) is an FDA-registered medical device.

What's Included

- Theragun Sense device
- Built-in LCD screen
- 2 massage attachments: Dampener, Standard Ball
- USB-C charging cable
- Travel case